Terry (Traolach) Brugha, MB MD FRCPsych, Professor of Psychiatry, University of Leicester, and Consultant Psychiatrist, Leicester, trained in psychiatry and epidemiology at University College Dublin and at the Institute of Psychiatry and MRC Social Psychiatry Unit, Kings College London, where he was mentored by John and Lorna Wing. His achievements include the development of the world's most widely used measure of stressful life events, the List of Threatening Experiences, and the completion of the world's first national, adult general population programme of surveys of the epidemiology of autism spectrum disorder in adults. He leads a long term programme of clinical trials on the prevention of perinatal depression. Terry is also the chair of the WHO advisory committee on the Schedules for Clinical Assessment in Neuropsychiatry (SCAN). He has served as Secretary General of the International Federation of Psychiatric Epidemiology.

He has advised the Courts in a series of homicide cases in which autism was a suspected health concern.