

2nd INTERNATIONAL PUBLIC MENTAL HEALTH CONFERENCE

of the European Public Health Association (EUPHA)
Section on Public Mental Health



התאחדות הבריאות
הציבורית בישראל
The Israel Society for
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THE HEBREW UNIVERSITY OF JERUSALEM



Braun School of Public Health
and Community Medicine
Hebrew University of Jerusalem
Hadassah Medical Organization

JERUSALEM, ISRAEL • JUNE 19-21, 2019

SCIENTIFIC PROGRAM

Theme: RESILIENCE AND RECOVERY

Wednesday, June 19, 2019

13:00 Registration Opens

14:30 – 15:00 WELCOME ADDRESSES AND GREETINGS

Jutta Lindert, President, Section on Public Mental Health, EUPHA

Tzvi Fischel, Chairman, Israel Psychiatric Association

Tal Bergman-Levy, Director of Mental Health, Ministry of Health, Israel

15:00 – 17:30 Session 1: PROGRESS AND OBSTACLES

Chair: Yehuda Neumark, Israel

15:00 MENTAL HEALTH SERVICES IN ISRAEL: DILAMMAS AND PERSPECTIVES

Tal Bergman-Levy

Director of Mental Health, Ministry of Health, Israel

15:20 MENTAL HEALTH LEGAL REPRESENTATION IN CIVIL COMMITMENTS IN ISRAEL

Daniel Raz

Director of Mental Patients' Legal Representation, Ministry of Justice, Israel

15:35 DOUBLE DISPARITIES IN THE HEALTH CARE FOR PEOPLE WITH SCHIZOPHRENIA OF AN ETHNIC-NATIONAL MINORITY

Gilad Gal, Hanan Munitz, Itzhak Levav

Tel Aviv Yaffo Academic College, Israel

15:50 INVOLUNTARY PSYCHIATRIC ADMISSIONS OF ARAB ISRAELIS AND OF IMMIGRANTS FROM THE FORMER USSR AND ETHIOPIA DURING THE LAST 15 YEARS

Rafael Youngmann, Effrat Neter, Itzhak Levav, Ina Pugachova, Nehama Goldberg

Ruppin Academic Center, Israel

16:05 DIFFERENTIAL EFFECT OF THE COMMUNITY REHABILITATION LAW ON HOSPITALIZATION PATTERNS OF CHRONIC PSYCHOTIC PATIENTS WITH AND WITHOUT DUAL DIAGNOSIS – ANALYSIS OF THE ISRAEL NATIONAL PSYCHIATRIC CASE REGISTRY, 1991-2016

Sharon Florentin, **Yehuda Neumark**, Sergey Raskin,

Tali Bdoiah-Abram, Paola Rosca

The Hebrew University of Jerusalem, Israel

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SCIENTIFIC PROGRAM (continued) RESILIENCE AND RECOVERY

Wednesday, June 19, 2019 (continued)

- 16:20 *Coffee Break*
- 16:50 THE USE OF AN ONLINE PLATFORM TO TRAIN VOLUNTEERS AND DELIVER
PEER SUPPORT TO MEET PUBLIC MENTAL HEALTH NEEDS
Amit Baumel, John Kane
University of Haifa, Israel
- 17:05 CAN WE REALLY PREVENT SUICIDE?
Gil Zalsman
Director of the National Suicide Prevention Center, Israel
- 18:00 **Welcome Reception on the Notre Dame Rooftop**
Klezmers on Notre Dame's Roof:
Hanan Bar Sela (Clarinet), **Mula Sajevich** (Accordion)

Thursday, June 20, 2019

09:00 – 12:00 Session 2: RELATIONSHIP OF RESILIENCE AND MENTAL HEALTH

Chairs: Ido Lurie, Israel and Zvi Zemishlany, Israel

- 09:00 MENTAL HEALTH IN THE LIFE COURSE
Henrique Barros
University of Porto, Portugal
- 09:30 BUILDING RESILIENCE IN ADOLESCENTS AND YOUTH – THE MALTESE
SCENE
John Cachia
Office of the CMH, Malta
- 09:45 FEELINGS AND BEHAVIOUR OF PSYCHOTHERAPISTS IN THE BOUNDARY
ZONE
Lara Vesentini, Johan Bilsen
Vrije Universiteit Brussels, Belgium
- 10:00 REAL TIME MONITORING OF CIVILIAN MENTAL HEALTH DURING CONFLICT
USING SMARTPHONES
Talya Greene, Liron Lapid Pickman, Marc Gelkopf
University of Haifa, Israel

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SCIENTIFIC PROGRAM (continued)

Theme: RESILIENCE AND RECOVERY

Thursday, June 20, 2019 (continued)

- 10:15 MOBILE PLATFORM FOR TRACKING PAIN AND EMOTIONS AND IMPROVING CLINICIAN-PATIENT COMMUNICATION
Pavel Goldstein, Yoni Ashar, Tor Wager
University of Colorado Boulder, USA, and University of Haifa, Israel
- 10:30 *Coffee Break*
- 11:00 EMPOWERMENT OF PEOPLE WITH INTELLECTUAL DISABILITY THROUGH SHARED DECISION MAKING DURING THE PROCESS OF RECOVERY FROM MENTAL ILLNESS IN THE UK
Danielle Adams
University of Warwick, UK
- 11:15 WHAT IS RECOVERY FROM PSYCHIATRIC DISORDERS AND WHY DOES IT MATTER?
Rachel Bachner-Melman, Ada H. Zohar, Lilac Lev-Ari
Ruppin Academic Center, Israel
- 11:30 INTEGRATING MENTAL HEALTH SERVICES INTO YESHIVAS: PREVENTION, TREATMENT, AND POTENTIAL PITFALLS
Ayol Samuels, Michael Band, Uri Yatzkar
Montefiore Medical Center/Albert Einstein College of Medicine, USA
- 11:45 IMPLEMENTING NAVIGATE TO YOUNG PEOPLE EXPERIENCING A FIRST PSYCHOTIC EPISODE
David Roe, Paula Garber Epstein, Amit Yamin, Michal Mashiach-Eizenberg, Gili Hoter Ishay, Max Lachman
University of Haifa, Israel
- 12:00 *Lunch & Poster Session*

13:00 – 14:20 Session 3: PREPARING THE COMMUNITY FOR CONFLICT OR DISASTER

Chairs: Haim Knobler, Israel & **Moshe Farchi**, Israel

- 13:00 THE NATIONAL ISRAELI 'MENTAL FIRST-AID' PROGRAM PREPARING THE COMMUNITY FOR CONFLICT OR DISASTER
Moshe Farchi, Bella Ben Gershon, Miri Cohen, Tal Bergman-Levi
Tel Hay College, and Ministry of Health, Israel

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SCIENTIFIC PROGRAM (continued)

Theme: RESILIENCE AND RECOVERY

Thursday, June 20, 2019 (continued)

- 13:20 MENTAL FIRST AID BY FIRST RESPONDERS
Moshe Abramowitz, Eli Jaffe, Raphael Herbst, Haim Knobler
Magen David Adom ("Israeli Red Cross"), Israel
- 13:40 MENTAL SUPPORT OF THE COMMUNITY IN CRISIS BY THE TELEPHONE AND
THE INTERNET
Shiri Daniels
ERAN – Mental Health Crisis Hot Line, Israel
- 14:00 PREPARING CHILDREN FOR DISASTERS
Gila Matzliah-Liberman
Psychological Services, Ministry of Education, Israel
- 14:20 *Coffee Break*
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- 14:45 –16:30 Symposium 1: FOSTERING RESILIENCE AMONG MINORITY GROUPS,
IMMIGRANTS AND MENTAL PATIENTS**
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- Chairs: Marija Jakubauskiene**, Lithuania & **David Roe**, Israel
- 14:45 ALONE IN A CROWD: PERCEPTION OF COLLECTIVE TRAUMA AND WAYS OF
DEALING WITH IT
Nana Sumbadze, Nino Gobejishvili, Maia Maisuradze
Tbilisi Javakhishvili University, Georgia
- 15:00 RESILIENCE FACTORS IN AGRICULTURE – A CRITICAL INTERVENTION
Erich Koch
SVLFG, Germany
- 15:15 Implementing Narrative Enhancement and Cognitive Therapy (NECT)
Among LGBT Individuals Subject to "Double Stigma"
Amit Yamin, Shuli Katav, Liz Levy, David Roe
Tel Aviv University, Israel
- 15:30 THE IMPACT OF A CULTURALLY ADAPTED ILLNESS MANAGEMENT AND
RECOVERY (IMR) INTERVENTION ON ARABS WITH SERIOUS MENTAL
ILLNESS
Sara Daass Iraqi, Paula Garber-Epstein, Michal Mashiach-Eizenberg,
David Roe
University of Haifa, Israel

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SCIENTIFIC PROGRAM (continued)

Theme: RESILIENCE AND RECOVERY

Thursday, June 20, 2019 (continued)

- 15:45 CHARACTERISTICS OF HELP SEEKERS OF HEADSPACE- A YOUNG PEOPLE'S MENTAL HEALTH SERVICE IMPLEMENTED IN ISRAEL
Gili Hoter Ishay, Paula Garber-Epstein, Michal Mashiach-Eizenberg, David Roe
University of Haifa, Israel
- 16:00 THE USE OF FORMAL MENTAL HEALTH SERVICES AMONG ARAB WOMEN
Sarah Abu-Kaf,
Ben-Gurion University of the Negev, Israel
- 16:15 EFFORTS TOWARDS RECOVERY AND EVIDENCE BASED PRACTICE
David Roe
University of Haifa, Israel
- 16:30 *Break*

16:45 – 18:00 Symposium 2: STUDIES AND PROGRAMS OF MENTAL HEALTH, RESILIENCE AND SUICIDE PREVENTION

Chairs: Haim Belmaker, Israel & **Ivonne Mansbach-Kleinfeld**, Israel

- 16:45 AUSTRIAN HEALTH TARGETS AND PSYCHOSOCIAL HEALTH - FROM STRATEGY TO ACTION
Aida Tanios, Alexander Grabenhofer-Eggerth
Gesundheit Österreich GmbH Austrian Public Health Institute, Austria
- 17:00 ADVERSE PHYSIOLOGICAL AND PSYCHOLOGICAL EFFECTS OF SCREEN TIME ON CHILDREN AND ADOLESCENTS: LITERATURE REVIEW AND CASE STUDY
Gadi Lissak
Meuhedet Health Services, Israel
- 17:15 AVOIDING UNINTENDED CONSEQUENCES WHEN COMMUNICATING ABOUT SUICIDE AND MENTAL ILLNESS
Nedra Kline Weinreich
Weinreich Communications, Israel
- 17:30 A STRATEGIC OVERVIEW OF MOUNT CARMEL HOSPITAL: CHALLENGES AND SOLUTIONS
Alexander Clayman
University of Malta, Malta
- 17:45 EATING PATTERNS OF INDIVIDUALS WITH ADHD
Shirley Hershko, Yehuda Pollak
The Hebrew University of Jerusalem, Israel

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SCIENTIFIC PROGRAM (continued)

Theme: RESILIENCE AND RECOVERY

Friday, June 21, 2019

09:00 – 12:00

Session 4: WORLD AND ISRAELI EXPERIENCE WITH RESILIENCE AND REFUGEE ABSORPTION, AND ON FUTURE RESEARCH

Chair: Itzhak Levav, Israel

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| 09:00 | WAR, REFUGEES AND MENTAL HEALTH
Jutta Lindert
University of Emden, Germany |
| 09:30 | ASSOCIATIONS BETWEEN TRAUMATIC CHILDHOOD EXPERIENCES AND
WELL-BEING IN YOUNG ADULTHOOD - POTENTIAL BUFFER EFFECTS FROM
A SELECTION OF EXTERNAL AND INTERNAL PROTECTIVE FACTORS
Caroline Cohrdes , Mauz Elvira
Robert Koch Institute, Germany |
| 09:45 | SUICIDE PREVENTION IN BELGIUM
Johan Bilsen
Mental Health and Wellbeing research group, Vrije Universiteit Brussel,
Belgium |
| 10:15 | PREVALENCE AND COMORBIDITIES OF DEMENTIA IN ISRAEL
Arad Kodesh
Meuhedet Health Services, Israel |
| 10:30 | <i>Coffee Break</i> |
| 11:00 | INTERVENTION STUDIES TO FOSTER RESILIENCE – A SYSTEMATIC
REVIEW AND PROPOSAL FOR A RESILIENCE FRAMEWORK IN FUTURE
INTERVENTION STUDIES
Andrea Chmitorz , Angela Kunzler, Isabella Helmreich, Oliver Tüscher,
Raffael Kalisch, Thomas Kubiak, Michele Wessa, Klaus Lieb
University Medical Center, Germany |
| 11:15 | WHAT HAVE WE LEARNED FROM THE HOLOCAUST STUDIES?
Haim Knobler , Moshe Abramowitz
The Hebrew University Hadassah Medical School, Israel |
| 11:45 | EXPERTS' PANEL AND GENERAL DISCUSSION:
<i>LESSONS TO BE LEARNED AND CLOSING REMARKS</i> |

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POSTER LIST

1. PHARMACOLOGICAL NEUROENHANCEMENT AND THE ABILITY TO RECOVER FROM STRESS – A REPRESENTATIVE SURVEY AMONG THE GERMAN POPULATION

Andrea Chmitorz^{1,2}, Christiana Bagusat³, Angela Kunzler⁴, Andreas G. Franke⁵, Jennifer Schlecht⁶, Klaus Lieb^{6,4}

¹Department of Psychiatry and Psychotherapy, University Medical Center, Mainz, Germany,

²German Resilience Center, Department of Psychiatry and Psychotherapy, University Medical Center Mainz, Mainz, Germany, ³Department of Psychiatry and Psychotherapy, University Medical Hospital, Mainz, Germany, ⁴German Resilience Center, German Resilience Center, Mainz, Germany, ⁵University of Applied Labour Studies, Bundesagentur Für Arbeit, Mannheim, Germany, ⁶Department of Psychiatry and Psychotherapy, University Medical Center, Mainz, Germany

2. STIGMA ASSOCIATED WITH DEPRESSION IN FIRST YEAR STUDENTS OF THE UNIVERSITY OF PORTO

Virgínia Conceição¹, Inês Rothes^{2,3}, Ricardo Gusmão¹

¹Institute of Public Health, University of Porto, Portugal, ²Centre for Psychology, University of Porto, Portugal, ³Faculty of Psychology and Educational Sciences, University of Porto, Portugal

3. CLINICIAN-PATIENT MOVEMENT SYNCHRONY MEDIATES SOCIAL GROUP EFFECTS ON INTERPERSONAL TRUST AND PERCEIVED PAIN

Pavel Goldstein^{1,2}, Elizabeth Losin³, Tor Wager⁴

¹Psychology and Neuroscience, University of Colorado Boulder, Boulder, USA, ²School of Public Health, University of Haifa, Haifa, Israel, ³Department of Psychology, University of Miami, USA, ⁴Department of Psychology and Neuroscience, University of Colorado Boulder, USA

4. MINDFULNESS AS A SOURCE OF RESILIENCE AND BETTER DOCTOR-PATIENT COMMUNICATION – AN INTERNATIONAL STUDENTS COLLABORATIVE

Miriam Ortiz¹, Elad Schiff², Barbara Stöckigt¹, Benno Brinkhaus¹, Anna-Lena Pungner¹, **Julia Grosser**¹

¹Institute for Social Medicine, Epidemiology and Health Economics, Charité Medical School, Berlin, Germany, ²Internal Medicine, and Complementary & Integrative Medicine Service, Bnai Zion Medical Center, Rappaport Faculty of Medicine Technion, Haifa, Israel

5. WAKING UP THE BEAR: DANCE/MOVEMENT THERAPY GROUP MODEL WITH DEPRESSED ADULT PATIENTS

Sheerie Lotan Mesika

Dance Movement Therapy, Shalvata Hospital, Hod Hasharon, Israel

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POSTER LIST (continued) RESILIENCE AND RECOVERY

6. MULTIDISCIPLINARY MENTAL HEALTH SUPERVISION IN NORTHERN BC: RESEARCH METHODOLOGY AND PRELIMINARY FINDINGS

Anthony Muturi Kariuki

School of Social Work, University of Northern British Columbia, Prince George, Canada

7. SUICIDAL THOUGHTS AND INTENTIONS AMONG THE EMPLOYEES IN LITHUANIA

Jelena Stanislavoviene^{1,2}, Janina Utkuviene^{3,4}, Vida Baliulyte², Kotryna Skarolskyte¹

¹Faculty of Medicine, Institute of Health Sciences, Public Health Department, Vilnius University, Vilnius, Lithuania, ²Mental Health Department, State Mental Health Center, Vilnius, Lithuania, ³Public Relation Department, State Mental Health Center, Vilnius, Lithuania, ⁴Public Relation Department, Republican Vilnius Psychiatric Hospital, Vilnius, Lithuania